

# Week 4 Breakfast and Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
	Cook to order eggs Grits Sausage Patty Crispy Bacon Home Fries Cinnamon Rolls Breakfast Pizza Gravy & Biscuit	Cook to order eggs Grits Sausage Patty Crispy Bacon Home Fries Cinnamon Rolls Breakfast Pizza Gravy & Biscuit	Cook to order eggs Grits Sausage Patty Crispy Bacon Home Fries Cinnamon Rolls Breakfast Pizza Gravy & Biscuit	Cook to order eggs Grits Sausage Patty Crispy Bacon Home Fries Cinnamon Rolls Breakfast Pizza Gravy & Biscuit	Cook to order eggs Grits Sausage Patty Crispy Bacon Home Fries Cinnamon Rolls Breakfast Pizza Gravy & Biscuit
	<b>Steak, Egg &amp; Cheese Croissant</b>	<b>Steak, Egg &amp; Cheese Croissant</b>	<b>Steak, Egg &amp; Cheese Croissant</b>	<b>Steak, Egg &amp; Cheese Croissant</b>	<b>Steak, Egg &amp; Cheese Croissant</b>
	<b>SEAFOOD SALAD</b>	<b>SEAFOOD SALAD</b>	<b>SEAFOOD SALAD</b>	<b>SEAFOOD SALAD</b>	<b>SEAFOOD SALAD</b>
	<b>Turkey Cranberry Croissant</b>	<b>Classic Italian Sub</b>	<b>California Club</b>	<b>Black Bean &amp; roasted Vegetable Wrap</b>	
	Made to Order Salads & Sandwiches	Made to Order Salads & Sandwiches	Made to Order Salads & Sandwiches	Made to Order Salads & Sandwiches	Made to Order Salads & Sandwiches
	<b>BALSAMIC GLAZED CHICKEN</b> Grilled chicken breast, garlic, honey, balsamic vinegar	<b>TACO SALAD BOWL</b> Ground beef, or ground chicken, salsa, sourcream, shredded lettuce, jalapenos, black olives, cheese	<b>SHRIMP STIR FRY</b> shrimp, green onions, yellow onions, sliced peppers, ginger broccoli florets, stir fry sauce	<b>MARDI GRAS PASTA</b> Cajun seasoning, green peepers, andouille sausage, diced chicken, alfredo sauce, penne pasta	<b>OMELET BAR</b> variety of toppings, and cheeses, ham, bacon, or sausage, tomatoes, mushrooms, jalapenos black olives, onions and peppers Fruit and yogurt bar Bagel bar including flavored cream cheeses Gluten free bagels available
	<b>RAOSTED SWEET POTATOES</b>	<b>BLACK BEAN &amp; CORN SALSA</b>	<b>BROWN RICE</b>	<b>CORN ON THE COB</b>	
	<b>OVEN ROASTED BRUSSEL SPROUTS</b>	<b>CHURRO</b>	<b>MINI FRIED EGGROLLS</b>	<b>JALAPENO CORN BREAD</b>	
	20 oz. Fountain Drink <b>\$7.50</b>	20 oz. Fountain Drink <b>\$7.50</b>	20 oz. Fountain Drink <b>\$7.50</b>	20 oz. Fountain Drink <b>\$7.50</b>	
	<b>Cheese Pizza</b> Pepperoni Pizza <b>MEATLOVERS PIZZA</b>	<b>Cheese Pizza</b> Pepperoni Pizza <b>HAWIIAN PIZZA</b>	<b>Cheese Pizza</b> Pepperoni Pizza <b>CHICKEN PESTO PIZZA</b>	<b>Cheese Pizza</b> Pepperoni Pizza <b>SEAFOOD PIZZA</b>	<b>Cheese Pizza</b> Pepperoni Pizza
	<b>Fruit parfaits</b>	<b>Fruit parfaits</b>	<b>Fruit parfaits</b>	<b>Fruit parfaits</b>	<b>Fruit parfaits</b>
	<b>Fresh Fruit Cups</b>	<b>Fresh Fruit Cups</b>	<b>Fresh Fruit Cups</b>	<b>Fresh Fruit Cups</b>	<b>Fresh Fruit Cups</b>
<b>Assorted Pudding Cups</b>	<b>Assorted Pudding Cups</b>	<b>Assorted Pudding Cups</b>	<b>Assorted Pudding Cups</b>	<b>Assorted Pudding Cups</b>	
<b>VEGETERIAN BROCCOLI SALAD</b>	<b>MANGO SHRIMP SALAD</b>	<b>ITALIAN PASTA SALAD</b>	<b>STRAWBERRY FETA SALAD</b>		
<b>SMOKED TURKEY &amp; ROASTED APPLE SANDWICH</b>	<b>SMOKED TURKEY &amp; ROASTED APPLE SANDWICH</b>	<b>SMOKED TURKEY &amp; ROASTED APPLE SANDWICH</b>	<b>SMOKED TURKEY &amp; ROASTED APPLE SANDWICH</b>		
	<b>MONTE CRISTO</b> FRENCH DIP W/ Fries & Fountain Drink \$ 7.79	<b>MONTE CRISTO</b> PIZZA BURGER W/ Fries & Fountain Drink \$ 7.79	<b>MONTE CRISTO</b> GRILLED PARMESAN CHICKEN SANDWICH W/ Fries & Fountain Drink \$ 7.79	<b>MONTE CRISTO</b> BLACKBEAN BURGER MELT W/ Fries & Fountain Drink \$ 7.79	<b>MONTE CRISTO</b> W/ Fries & Fountain Drink \$ 7.79
	<b>Turkey Bacon</b>	<b>Turkey Bacon</b>	<b>Turkey Bacon</b>	<b>Turkey Bacon</b>	<b>Turkey Bacon</b>
	<b>Portabello Sandwich</b>	<b>Portabello Sandwich</b>	<b>Portabello Sandwich</b>	<b>Portabello Sandwich</b>	<b>Portabello Sandwich</b>
<b>Garden Salad</b>	<b>Garden Salad</b>	<b>Garden Salad</b>	<b>Garden Salad</b>	<b>Garden Salad</b>	
<b>Chicken Caesar salad</b>	<b>Chicken Caesar salad</b>	<b>Chicken Caesar salad</b>	<b>Chicken Caesar salad</b>	<b>Chicken Caesar salad</b>	

\* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

GLUTEEN FREE	CONTAINS NUTS	VEGAN	CONTAINS DAIRY	VEGETERIAN
--------------	---------------	-------	----------------	------------