



You Make the Choice Subs

\$4.79 per person

all subs include sliced onions, hot or sweet peppers and oil or vinegar on the side and are served with pickles and bulk potato chips or pretzels

Italian

Cappicola, ham, pepperoni, genoa salami, shredded lettuce, pepperocini peppers, tomato, provolone and mozzarella cheese finished with an herb oil vinaigrette

Classic Turkey

Fresh roasted breast of turkey sliced thin and accompanied by shredded lettuce, tomato and either mayonnaise or our take on the original herbed dressing

Montreal

Montreal steak seasoning-rubbed top round of beef, roasted slowly then sliced paper thin and piled on your choice of bread. We add Swiss cheese, tomato, shredded lettuce and horsey sauce

Wild Boar

Smoked ham, American cheese, pickle slices, shredded lettuce and a spicy mustard

Grilled Veggie

This is for a group that wants a meat alternative



Snack Attack!

Potato Skins

\$4.19 per person

Skins baked with herbed olive oil and Monterey Jack cheese melted over the top, bacon crisps, cilantro lime sour cream, spicy guacamole, pico de gallo and chiffonade of scallions

Gazpacho Nachos

\$4.59 per person

Pita wedges toasted with roasted garlic and herbs, topped with fresh hummus, spiked with roasted chili lemon oil, then garnished with salsa and sour cream

Nacho Toquero

\$4.59 per person

Tri-color nachos prepared fresh, topped with Monterey Jack cheese, diced tomatoes, sliced olives, roasted garlic pepper chilo, sour cream and guacamole

Buffalo Chicken Wings

20 wings \$11.99

30 wings \$18.79

50 wings \$29.99

All Buffalo chicken wings come with bleu cheese and celery. Sauces available are Faint of Heart, Wild, and Ridiculous

Mozzarella Fingers

\$3.99 per person

Battered mozzarella sticks fried in zero trans fat oil. Accompanied by marinara sauce

We accept multiple types of payment. Please contact conference services to schedule your event.

PLEASE NOTE: The enclosed prices include Ecowear products. There is no additional charge for napkins or flatware.

Student Metz Catering



Fresh, flavorful & fast

Day Breakers

\$4.79 per person

All accompaniments are included as well as grab-and-go bags so you can take your breakfast with you.

Assorted Bagels (choice of two)

Plain	Sesame	
Cinnamon Raisin	Whole Wheat	Everything

Oversized Muffins (choice of two)

Apple Cinnamon	Blueberry
Banana Nut	Chocolate Chip

Fruit Juices by the Bottle (choice of two)

Orange	Apple
Cranberry	Pink Grapefruit

Fresh Fruit
Green Mountain Coffee and Team Bar

Poblano's

\$5.99 per person

25 person minimum.

Create your own tacos and fajitas with your choice of taco meat or chicken.

Accompaniments Include:

Shredded Lettuce	Diced Tomatoes
Salsa	Sour Cream
Olives	Cheddar Jack Cheese

Hard and soft taco shells

Lettuce to make your own taco salads

Dirty rice

Nacho chips

Choice of cookies or brownies

Assorted beverages (canned soda, bottled water, fruit juice, iced tea and water)



Create Your Own Salad

\$5.49 per person

8 person minimum

Great for groups of 10 or more. Served with fresh herbed breadsticks.

Ordering Instructions

1. Choose Your Greens:

(choice of one)

Iceberg Mix
Romaine

2. Choose Your Protein:

(choice of one)

Grilled Chicken Strips
Grilled Beef Strips
Julienned Turkey
Julienned Ham
Seafood Salad

3. Choose Your Accompaniments:

(choice of three)

Tomatoes	Cucumbers
Carrots	Red Onions
Croutons	Bacon Bits
Black Olives	Pickles
Mushrooms	Broccoli Buds
Monterey Jack Cheese	
Grilled Marinated Vegetables	

4. Dressings:

(choice of two)

Caesar	Cool Ranch
French	Italian
Bleu Cheese	Vinaigrette
Fat-Free French	Fat-Free Italian
Parmesan Peppercorn	

Main Plate

\$8.50 per person

25 person minimum

Pasta (choice of one)

Rigatoni	Ziti
Penne	Shells

Sauces (choice of two)

Marinara	Meat	Pesto
Fresh Tomato Basil	Primavera	Alfredo

Sauces (choice of one)

Meatballs	Sausage & Peppers
Sausage	Chicken Parmesan Strips

Vegetables (choice of one)

Green Beans	Broccoli Aglia Olio
Grilled Vegetables	

Tossed Salad

Garlic Bread or Sticks

Choice of Cookies or Brownies

Assorted Beverages (canned soda, bottled water, fruit juice, iced tea and water)

Just Desserts

Bakery items priced by the dozen.

Brownies	\$8.39
Cookies	\$6.99
Rice Krispie Treats	\$6.99
Bottled Water	\$1.69
Soda	\$1.69